

1... 2... 3... BANANA!



Age range: 12+ | # Participants: 2-30 | Materials: None



To start, number your participants 1, 2, 3, etc. When the game begins rotate through the group in pairs beginning with 1 and 2, then 2 and 3, then 3 and 4, and so on.



Each pair will be given a 3 second countdown after which they must say the first word that comes to their mind. The next pair will use those words as their inspiration for the word that they will say after the countdown.



The goal is for a pair to say the same word! If one of the participants fails to say a word immediately after the countdown, then the next pair starts a new round with two brand new words.

Tip: Pick a theme to start off a round. (ex. Weather, animals, Halloween, etc.)

Example:

Facilitator: Okay Number 1 and Number 2, ready? 3, 2, 1

Number 1: Grass
(simultaneously)
Number 2: Chickens

Facilitator: Okay, grass and chickens!
Number 2 and Number 3: 3, 2, 1...

Number 2: Farm
(simultaneously)
Number 3: Pasture

And so on!

This activity works for increasing both **energy** and **focus**. The tension will build as pairs get closer and closer to the same word.

You'll be amazed how excited the group can be once you get to the same word!

Carry that excitement over to the rest of your lesson :)